



Badminton Training Courses



Badminton Interest Group (BmIG) has organized two training courses in February for different levels of players. Sign up **NOW** if you wish to improve your strokes, fitness and tactics, or to become a competitive player. Details are listed below:

Course name	Targeted participants	Dates and Time	Venue
(A) Basic Skill improvement	Members who wish to improve their basic skill or need a refresher course	- 3 sessions; all Wednesdays - 8 February 2012 (8:00 pm – 10:00 pm) 15 & 29 February 2012 (9:00 pm – 11:00 pm)	Sheung Wan Sports Centre, Hong Kong
(B) Advanced training	Experienced players who wish to become competitive players	- 4 sessions; all Fridays - 3, 10, 17 & 24 February 2012 (9:00 pm – 11:00 pm)	Tai Kok Tsui Sports Centre, Kowloon

Fee: **Course A: \$375/course**
Course B: \$500/course
 (No pro rata payment is accepted.)

Capacity: **Course A:** Min 8 persons (max 10 persons)
Course B: Min 10 persons (max 12 persons)
 (Unless the minimum number of participants is reached, otherwise the course will be cancelled.)

Instructor: **Mr. LAI Lai Fai**
 Registered coach of Hong Kong Badminton Association and the appointed coach of HKICPA badminton team

Remarks: Participants should bring their own rackets for the course, while shuttlecock will be provided. The course will be conducted in Cantonese.

Registration

To register, please complete the enrolment form and return it with full payment to the Institute on or before **26 January 2012**.

Enrolment is on a first-come first-served basis. An email will be sent to you before 31 January to confirm if the course will proceed and the status of your registration.

Enquiries

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 Member & Corporate Services Department



