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Work & play: Editor's picks

Room to groom

Spring is the right time to clean things up a little, especially if you've been hibernating through the winter months. Here are a few ways to put your best foot forward.

Blow up your bathroom

There's one sure way to justify more time cleaning and grooming, and that's by making the "smallest room" your favourite room. So if you're tired of staring at boring tiles and frumpy designs when you're brushing your teeth, there is an answer. Unitek H.K. has redesigned several spas in Hong Kong, which means they have the know-how to give your bathroom a palatial touch. No project is too big or small. Tel: 2984 9381.

A+ When the dust clears you'll look for any excuse to take a bath



Drunk on showers

The Body Shop's latest range of shower and bath products includes Tickling French Bubbly bath gel with a golden shade and champagne aroma for a certain *je ne sais quoi*. Or try the Warming Japanese Sake bath gel, with a warming fragrance reminiscent of Japan's famed liquor. HK\$50 each at the Body Shop.

A Turn your daily soak into an exotic adventure



THE PRODUCTS CHOSEN AND THE VIEWS EXPRESSED IN THIS SECTION ARE THOSE OF THE EDITORIAL TEAM OF A PLUS.



Pure decadence

Pure Spa's relaxing yet modern design makes this the right location for a spring cleanup – pure and simple. Pure Spa is now offering special treatments that will help you unwind and leave you squeaky clean all over. Promotions in March at the Pure Spa include pure seaweed, pure mud, pure surrender salt and oil scrub, pure spice and shine, and pure polish. Call ifc Centre at 8129 8883 or Kinwick Centre at 2970 3181 for an appointment. Treatment prices range from HK\$450 to HK\$750.

A+ Great way to get sparkling before a little shopping at ifc

A whiff of pleasure

There's something new in the air, thanks to fragrance specialist Issey Miyake. For men, "Bleue" is designed to be flowery and woody at once, while for women, the eau de toilette range offers enchanting simplicity. HK\$345 for Bleu; HK\$460 and up for women's eau de toilette.

A Takes the guesswork out of the array of aromas in the market



From cave man to suave man

Let's face it, most men need some guidance on how to be clean and well presented. That's where Carson Kressley, star of *Queer Eye for the Straight Guy*, comes in handy. This how-to book has simple instructions on grooming and coordinating your colours.

A+ If a woman wants her man to dress himself, it's a perfect gift

A- Well-dressed guys get noticed